

Enjoy • Move • Breathe

Inner Dance  
**Yoga**  
Studio

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## YOGAhour™

Move into the beauty of the present moment. Enjoy a challenging, all levels, warm practice to an eclectic music mix.

### Class Schedule

Monday - 10:00 am  
Tuesday - 4:15 pm  
Wednesday - noon  
Thursday - 4:15 pm  
Friday - noon

**\$5.00**

Cash Only  
Please

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Register online at: [www.innerdanceyogastudio.com](http://www.innerdanceyogastudio.com)

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